Q: Do you know how to cook and bake?

**A little bit of cooking, a little bit of baking, but not much**

Q: How often do you cook or bake on average?

**I make it more than once a day, and I usually cook all the dishes at once and eat them for a day**

Q: What do you think of your cooking skills?

**I think it's in the middle of it, it's quite delicious, and it won't taste like thunder**

Q: Do you have any difficulties with cooking, please describe it?

**Cutting vegetables is too slow, and it takes a long time, which is very time-consuming.**

Q: Have you heard of augmented reality (AR) technology before?

**Heard, but not much,**

Q: Let me explain it to you

It is a technology that combines virtual information with the real world, by adding computer-generated images, sounds, videos and the like to the real environment, so that you can experience it better, this environment is not completely virtual,

Showcase Video: Videos of megacities

Q: What kind of help or information would you like AR glasses to help you with when you're cooking?

**When cooking, remind me how much salt and sugar to add, you can understand my taste, for different recipes, according to my taste to adjust different flavor ratio, personalized customization is similar, when cooking, I am lazy time, can analyze how long it can be good, to cook**

Q: Where do you think AR information should be displayed in order to provide you with the most help without disturbing you?

**For example, I'm wearing glasses, and I want the content to be right next to the tool I'm working with, without adding too much text, and trying to keep it as simple as possible, the smaller symbols**

Q: If AR glasses could provide you with real-time step-by-step tips for recipes, what would you look like?

**When I complete this step of the recipe, I immediately jump out of the next step, which is to predict my steps**

Q: When you encounter unfamiliar cooking skills, what form of guidance do you prefer AR glasses to provide you? Video presentations, illustrations, text prompts, real-time expert help

**Illustrated, better, in the way of the game is best**

Q: Imagine the process of your work in the kitchen, when do you think that using AR (cleaning, baking, cooking, managing/e.g. knowing what is reasonably allocated space in the cupboard) will improve your life?

**Cabinet management, should be the best, I often don't know where my spices are, I can't find them, I don't need them, I can never find them when I need them, I think he can detect where this thing is, so that I can know where it is, if I can detect how much is left of this thing, I can replenish it in time according to how much is left**

**There is also the process of cooking, which is timekeeping**

Improvements in AR technology

Q: Do you have any concerns or concerns about using AR glasses?

**If the fumes are too cluttered and the information presented is too complicated, I will be annoyed, and I hope to connect with reality to the greatest extent**

Q: What improvements do you think AR glasses need to be made to better meet the needs of cooking and baking?

**It's better not to be too heavy, can it be cheaper, and bring the price down**